

## YOUNG WOMEN CAN AND DO GET BREAST CANCER

- Breast cancer is the **most common cancer** in women ages 15 to 39.<sup>1</sup>
- More than **12,000 young women** will be diagnosed this year.<sup>2</sup>
- It is estimated that **more than 250,000<sup>3</sup> women** diagnosed with breast cancer at age 40 or younger are living in the U.S. today.



YOUNG SURVIVAL COALITION  
**RESEARCH  
AGENDA**

### YSC'S RESEARCH AGENDA ADVOCATES FOR ANSWERS

YSC assembled a team of leading advocates, researchers and clinicians for an 18-month "Research Think Tank." Our goal is to drive real change by refocusing the research community on the tough questions that will ultimately improve and extend life for young women with breast cancer.

Find out more at [youngsurvival.org](http://youngsurvival.org).

1. Archie Bleyer et al., "The distinctive biology of cancer in adolescents and young adults."  
2. American Cancer Society. Breast Cancer Facts & Figures 2015-2016.  
3. Based on U.S. Census, 2000.



### Get involved and make a difference as a YSC volunteer.



#### Join the Movement

Raise awareness that young women can and do get breast cancer. Share your story or represent YSC at a local health fair or community event. Train to become a YSC State Leader or learn how to be an advocate.



#### Support Survivors

Pay it forward by supporting and empowering young survivors. Attend or start a Face 2 Face networking group near you, train to be a peer mentor and more.



#### Fundraise

Host a fundraising event, celebrate a momentous occasion, ride in Tour de Pink, make a donation or attend a YSC fundraising event!

### CONNECT WITH US

877.972.1011

[youngsurvival.org](http://youngsurvival.org)



[/youngsurvivalcoalition](https://www.facebook.com/youngsurvivalcoalition)



[@YSCBuzz](https://twitter.com/YSCBuzz)



[YSC YoungSurvival](https://www.youtube.com/youngsurvivalcoalition)



[youngsurvivalcoalition](https://www.instagram.com/youngsurvivalcoalition)



## ABOUT YSC



- Janice, diagnosed at 22



## YOUNG WOMEN FACING BREAST CANCER TOGETHER

Young Survival Coalition (YSC) was the first organization to focus exclusively on the unique issues young women with breast cancer face.



Left to right:  
Anna, diagnosed  
at 27 and Judet,  
diagnosed at 35.

Founded in 1998 by three young women who were under the age of 35 when diagnosed with breast cancer, YSC has become the go-to organization for young women facing a breast cancer diagnosis.

### Among other services, YSC:

- Provides information, resources and support from diagnosis through long-term survivorship
- Educates and empowers young women to be their own best health advocates
- Works with healthcare providers, researchers and legislators to educate them about the unique issues young women face
- Advocates for more studies on breast cancer in young women and access to quality care

### BREAST CANCER IN YOUNG WOMEN IS DIFFERENT

- ▼ Young women often face delayed diagnosis and more aggressive forms of breast cancer.
- ▼ Lack of awareness among medical professionals, along with limited research and effective screening tools, can lead to higher mortality rates.
- ▼ Due to age at diagnosis, concerns can include fertility preservation, treatment during pregnancy, genetic predisposition, early menopause and caring for young children.
- ▼ Financial difficulty may occur when facing breast cancer during the peak of a career or while pursuing an education.



YSC Sync programs connect young women affected by breast cancer with free access to resources and support during one of the most challenging times in their lives.



### YSC CONNECTS AND SUPPORTS

- ▼ **YSC Online Discussion Boards**  
Connect with fellow survivors online 24/7
- ▼ **Face 2 Face Networking Groups (F2F)**  
Meet up with other survivors in your community
- ▼ **SurvivorLink**  
Get one-on-one peer support with a trained survivor volunteer
- ▼ **Online Video Support Groups**  
Talk monthly with other young women with breast cancer from the comfort of your home



### YSC EDUCATES AND EMPOWERS

Visit [youngsurvival.org](http://youngsurvival.org). Knowledge is power.

It's the most comprehensive resource for and about young women affected by breast cancer. Find information on medical research and updates on clinical trials. Order and download educational materials, and read survivor stories.

#### YSC's Navigator Series

These guides provide useful information about every phase of treatment and survivorship, including versions for newly diagnosed, post-treatment, long-term and those living with metastatic breast cancer.

#### Metastatic Breast Cancer Programs

YSC offers a suite of services and educational materials for young women living with metastatic breast cancer.

#### YSC Summit and Regional Symposia

These conferences are for every young women at any phase of the breast cancer experience, as well as their co-survivors. Workshops address the unique issues young women with breast cancer face, and give them the opportunity to connect with a community of other young survivors and co-survivors.

"YSC gives us hope and allows us to carry on in our journey and believe that there is something better on the horizon for us. And that cancer isn't the period, but just the start of a sentence."

– Victoria, diagnosed at 30

Visit [youngsurvival.org](http://youngsurvival.org) for more information and to order free materials.